

Quick Pork Chops

Amount	Size	Description
4	Medium	Pork Chops
1 – 2	Tbl	Old Norse World Cuisine Spice Blend of choice

1. Preheat oven to 350 degrees.
2. Sprinkle the spice blend of choice over both sides of the pork chops.

Tip: Using your fingers, press the spice blend into the surface, do not rub. If you rub, the spice clumps and it will not be even.

3. Add more spice blend if needed.
4. Let the chops rest for 15 minutes.
5. Place the chops on a wired grate that is placed rest on a cookie sheet lined with aluminum foil.
6. Place it in oven and cook for 30 to 45 minutes until done.
7. Remove from the oven and rest 10 minutes before serving.
8. Enjoy as itself, create a sandwich, add to a salad, use your imagination!

