

Quick Dinner Pasta Salad

4 Servings

Amount	Size	Description
1	Handful	Fettuccini Pasta
2	TBL	Old Norse World Cuisine Italian or Greek Spice Blend
2	TBL	First Press Olive Oil
2	TBL	Parmesan Cheese
4	Oz	Cherry Tomatoes

1. Place a tablespoon of salt in a few quarts of water and bring to a boil.
2. Place a handful of Fettuccini pasta in the boiling pot of water. Cook pasta until al dante.
3. Place pasta in a bowl and sprinkle a good olive oil over the pasta and toss with your hands.
4. Sprinkle with either Italian or Greek Spice Blend and add finely shredded parmesan cheese.
5. Toss again with your hands.
6. Add sliced cherry tomatoes and a few tablespoons of capers.
7. Toss once again with your hands.
8. This can be served warm or placed in a refrigerator and served cold later.

